

# It's Training Time Let's Fly High This Year 

# Message from the President 

Welcome to the 2021 training year to all our members, both those from last year and a special shout out to our new members!

Our club continues to implement our safe Covid Plan with preregistration prior to attending classes and safe distancing on the ground and hygienic practices. Special recognition goes to Vice President Jo Comber for her comprehensive Covid strategy planning.

During the Christmas New Year break Wendy Jones led a team of instructors to offer Obedience Summer School tuition to the junior classes. It was a great success with many members now ready to hit the training year running with honed skills.

The Frisbee group hosted the Summer Disc Series at St Ives Showground on Fridays 5 pm to 9 pm with four competition dates run in conjunction with the UpDog organisation. Angela Hamilton and her team implemented on the ground exercises with members of Manly and other clubs attending the events. Thanks to Ku-ring-gai Council for working closely with Jo Comber to provide a perfect venue, mowed grass and lighting available when needed.

2021 is set to be a more normal year and our club continues to offer a great variety of dog training activities in obedience, agility, frisbee and flyball. We are planning a come back for Rally Obedience on a Thursday for classes 3 and 4 so stay tuned for more news on that front from chief instructor Liz Hatcher. Games days on Sunday obedience are planned to be launched on the months with a fifth week. These games will incorporate the exercises pertinent to each class level and will be an opportunity for members to have some fun and build on the teamwork between handler and dog. Gamification coordinator Alex Surplice is planning an exciting programme.

The Agility group will again host the club's annual trial scheduled for July 31st at the Dogs NSW grounds in Orchard Hills. Trial manager Ashley Roach says that we are aiming for a smaller entry to enable a manageable Covid-safe event involving basic agility, jumping, gamblers plus open jumping. Crossed fingers that Covid behaves itself and we do not have to postpone as unfortunately occurred in 2020.

As a reminder the committee is here to serve the members so seek them out on the training grounds should you want to give us feedback or make suggestions. Alternatively send an email to commitee@northernbeachesdogtraining.com.au

| Peter Coulthart | President \& Public Officer |
| :--- | :--- |
| Jo Comber | Vice President \& Membership Registrar |
| Gael Sinclair | Secretary |
| Jill Fausold | Treasurer |
| Gunilla Doyle | Committee |
| Jane Freeman | Committee |
| Wendy Jones | Committee |
| Natalie Morgan | Committee |
| Alex Surplice | Committee |

To all of our members enjoy your training year and may it be less stressful than 2020.
Finally thank you to all our fantastic volunteers both instructors and administration staff that make possible our diverse and well run activities.

## Peter Coulthart

With editorial help from his Irish Setter Hunter


## Flying High with Our Fabulous Frisbee Classes

Frisbee is growing in popularity and our eager bunch of volunteers have worked hard to put together not one but three local competitions in the past month, with more set to come in the near future. It has been a lot of work but it has all been worth it to see so many happy people and their dogs out enjoying themselves.

Round 1 was held at St Ives Showground on January 8th and had a great turnout. Round 2 was held the following
 Friday, January 15th, and had an even bigger turn out attracting four new teams! Round 3 was last Friday night, January 22nd, which started with a thunder, lightening and rain storm just as we were setting up. Luckily it passed quickly and we were able to get underway only a half hour late. However - presentations were done by car headlights in the car park!


Due to the inclusive nature of UpDog we had handlers as young as 10 years old and dogs from around 7 months old through to 17 years old!

As we get more well known and the popularity of the sport grows we envisage holding bigger and bigger competitions and maybe travelling further to showcase our amazing dog and handler teams.

There are nine main frisbee games that we hold at competitions, some are Disc only games and others are Agility Crossover games (this is where the experience of the agility dogs really shines through). Each game has its own skill set to work on, some favour a fast retrieve while other games don't require much of a retrieve at all. Some favour long accurate throws and others require shorter throws so it doesn't matter what your skill level is there is a suitable game for you and your canine companion.


If you're curious about frisbee and if you and your dog might like to try it - even if you've never thrown a frisbee before - you're welcome to message the Facebook page or send an email to the club and we can advise you of the next steps to take.


The dogs find it so much fun and you can work at your own level with the help and support of the more senior players in the group (and don't forget we have four UpDog Certified Head Judges in our crew!)



## Really Cool Treats

Strawberry \& Banana Hearts
$1 \times$ Cup of Strawberries
$1 \times$ Banana
$1 / 2 \times \quad$ Cup of Plain Greek Yogurt
Blend ingredients in blender then spoon into a silicone mould and freeze.

## Strawberry \& Carob Hearts

> $1 \times$ Cup of Pureed Strawberries $1 \times$ Cup of Plain Greek Yogurt or
> $1 / 2 \times$ Cup of Powdered Carob $1 \times$ Cup of Plain Greek Yogurt

Mix together then spoon into a silicone mould and freeze.



A dog's nose print is unique, much like a person's fingerprint.

The Australian Shepherd is not Australian it is an American breed.

## All puppies are born deaf.

Dogs noses are wet to help absorb scent chemicals.

> A Greyhound could beat a cheetah in a long distance race.

Dogs have three eyelids.
Dogs can learn more than 1000 words.
The world's oldest breed is the Saluki.

Petting a dog can lower your blood pressure.
Dogs are direct descendants of wolves.
Dogs can be trained to detect cancer and other diseases in humans.

Puppies have 28 teeth and normal adult dogs have 42.

Dogs only sweat through the pads of their feet.
Dogs have about 1,700 taste buds. Humans have approximately 9,000

Dogs pant to cool themselves off. A panting dog can take 300-400 breaths (compared to his regular 30-40) with very little effort.

Your dog is as smart as a two year old child.
Three dogs survived the sinking of the Titanic.
Dalmation puppies are born completely white.
Chow Chows and Shar-Peis have black tongues.
Basset Hounds cannot swim.
Dogs are not colour blind.
Dog Color Spectrum

A dog's sense of smell is 10,000-100,000 better than a humans.

## Got Your Gear for this Year ?

The new stock has just arrived so the Club shop is brimming with dog gear at great prices. Available at the ground or check out the website to see what's available.


If you're going to train you need a training pouch!!

