# Sunshine \& Snooker A Great Day for an Agility Trial 



All our finger crossing for good weather worked and Saturday July 8th dawned bright and sunny for the Club's Agility Trial. Our fabulous team of volunteers were up at the very chilly crack of dawn erecting the rings and marquees and preparing the grounds for an action packed day.
And didn't we look good with out fabulous new marquees and flags and all our new, brightly coloured agility equipment, we received a lot of compliments from the competitors.
Sausages sizzled and the sun shone and the atmosphere was fun filled and friendly. There were 564 runs in total and we would like to say a big thank you to all the competitors and send a huge congratulations to all the winners and the happy competitors who achieved titles and qualies at the trial.

## Manly \& District Kennel \& Dog Training Club

 June/July 2017
## A Big Round of Applause

Planning, organising and running an agility trial is a mammoth task so a huge thank you to the following people for making the day such a smooth running success.

Trial Manager - Jo Comber who did a brilliant job making sure that every aspect of the day ran like clockwork

Trial Secretary - Ashley Roach who, with Brett, worked their magic in the office to ensure qualie cards were done and ready for collection as quickly as possible.

Sarah Sharp - who did a lot of door knocking to get the most magnificent haul of raffle prizes.

Peter Martin, who worked tirelessly over the preceding days to ensure we were all fed with the best food.

Wayne Bogart - who, when we needed, ran across Sydney to collect new equipment, pick up gear for the trial, fixed things and double checked we had everything we needed.

All our precious volunteers, both agility and obedience members and extended family and friends who gave up their time to make the trial such a fantastic event.

Also our trailer towers and helpers, who loaded on Friday, hauled, repacked and unloaded back at Deep Creek on Sunday to ensure the clubhouse was in order before obedience classes that morning.

## A huge thanks to each and every one of you

## Agility Trial Mega Raffle

Thank You to All the Wonderful Companies who Donated Prizes

Nutrimetics<br>Pods for Pets<br>Hanrob Pet Hotels Petstock<br>Love'em<br>Drage Dogs<br>Both Ends of the Lead



Schwarzkopf Love Pets Agility Fit Groomingdales Jahzzy Jumps Winning Touch Horseland

The Raffle raised and amazing $\$ 1,370.00$ Thanks to all those people who bought tickets and congratulations to all the prize winner


All the Raffle money has been donated to a wonderful charity.


The Club was so touched by this amazing organization that we added to the Raffle amount and increased the donation to

$$
\$ 2,000.00
$$

## A Matter of Good Taste <br> The Importance of Using the Right Training Treat

Using a training treat that your dog loves can make a huge difference to performance.
A dogs' sense of smell is forty times greater than humans whilst they have less than a fifth the number of taste buds that we do. So smell as well as taste is very important.

Think about it this way, you are asking your dog to work and the treat is payment for that work. Just like us humans the higher the wages, the better we work

Training treats should be high value and kept exclusively for training sessions.
So what is high value?
This does depend on the dog, as they all have their preferences, so it s important to try a variety of treats, you will soon learn which are the favourites. Treats such as dried liver are fine at home but for training in class treats should be moist such as cooked chicken, salmon slice, kangaroo sausage or cheese and cut into tiny pieces so they can be given abundantly. Treats, even for large dogs, should be small enough that they are swallowed not chewed. It is also preferable to bring a mix of treats so that your dog does not get bored with the same thing. (see web site for more recipes)

## The High Low Re-call Game

This game should be played on carpet or flooring where the dog can easily see the treat, so not on grass as they will spend too much time searching.
Take a handful of kibble and a handful of a high value treats, let's say chicken. Get your dogs' attention then throw a piece of kibble across the floor, once your dog has run across and eaten the kibble they will turn to you to see if you are going to throw another piece. Call your dog to you and treat with chicken. Repeat the process; very quickly your dog will automatically come back to you without being called. This is teaching your dog, out there low value, with owner, high value and that's what it's all about your dog learning that the best things happen when it's with you.

Apart from family members in the home NEVER EVER let anyone else treat your dog, not friends at the park, other class members, instructors, anyone. You are not being mean your are training your dog that all good things come from you; you are the one that pays the wages.

## Sardine Nibbles

| 1 | $x$ | Can of Sardines in Oil |
| :--- | :--- | :--- |
| $1 / 3$ | $x$ | Cup of Oat Bran |
| 1 | $x$ | Tablespoon of Water |

Empty the can of sardines, un-drained, into a bowl and mash finely. Mix in water, add oat bran and combine into a fine paste. Press mixture into a silicone mould and bake at $150^{\circ}$ for $10-15$ minutes.


## The Benefits of Canine Massage

## Just like us humans dogs also love massages.

Written by Sue Winn
Whether your dog is a pet dog, performance in showing, agility, flyball or obedience they can still all get sore. Just because your dog isn't lame doesn't mean it isn't sore. If your dog is elderly, has or showing signs of arthritis, slowing down, dropping bars in agility, decreased speed, recovering from injury or just not wanting to walk as much then massage could be for you and benefit your dog.

I have been doing agility for 10 years now with my cocker spaniels and have strongly believed in alternative therapies to help my dog. Just like elite athletes dogs also need to be kept fit and healthy to compete at their best. After years of taking my dogs for treatment, being shown what to do I went and qualified as a Canine Remedial Massage therapist and did a rock taping course and created my business:

## Winning Touch K9 Massage.

There are various types of therapies available but I have found massage to be one that has a great benefit to all dogs. I have also found that Cycloid Vibration therapy also known as
 Niagara therapy or equissage has great benefits too and have added that to help dogs along with Rock Taping which is a unique adhesive tape which is perfect for all canine sports and used in the treatment of injured muscles, stiffness and to reduce pain.

Any dog benefits from being massaged, there is no age limit, no specific breed, no dog too old and no dog too young in fact it helps the elderly, arthritic, performing well any dog. There are some medical conditions where massage isn't advisable but we can work around that, by using other therapies.


## Why Should I Massage My Dog?

Massage has many benefits for dogs of all ages and sizes and is very relaxing which is great for anxious dogs. It also helps with rehabilitation post surgery or if recovering from injury. Massaging regularly about every 6 to 8 weeks also helps increase muscle flexibility which helps prevent injury and improves range of movement and body balance both are especially important in performance dogs. After a performance such as agility or flyball especially it removes toxins which build up in the muscles and relaxes tight muscles and loosens fibrous thickenings around the joint.
It improves blood circulation which helps keep the muscles and bones healthy and increases the blood supply to the organs. It also stimulates lymphatic drainage which promotes healthy joints,

What does all of that really mean?
We all want out dogs to have great muscles and joints so we can do the sports we love longer and keep them healthy. Massage enables that by the various techniques that are used, it helps the muscles heal and feel better if injured or tight or just after any sport. Increased joint mobility is great for dogs with hip displaysia or elderly dogs.

If your dog is unable to be massaged then other therapies can be used such as Cycloid Vibration or Rock taping which helps with inflammation and prevention of injury. Both of these along with massage can reduce recovery time and can be used on dogs that massage is unsuitable for, and can be used after surgery which helps promote quicker healing and reduce inflammation and post op trauma. Both of these therapies is another page or so about how great they all are !!!

Massage has many benefits which has been shown in my dogs, Jaxon used to drop bars all the time to now getting clear rounds and the one bar dropped. Lets admit it, we all love a great massage don't we and how relaxed do we feel afterwards, many dogs like myself just go to sleep during it. Its just not limited to performance dogs such as agility it also helps show dogs and obedience.


If you want your dog massaged, or to know about the other therapies or to discuss your dog, you can contact Sue on 0417275761
email WinningtouchK9massage@gmail.com
or visit her website to find out more at www.winningtouchK9massage.com

## How to Make a Flirt Pole

A Flirt Pole is like a giant cat toy and is tremendous fun for both you and your dog. It is a great way to exercise your dog, it builds their chase drive and teaches impulse control. It brings the game to you.
Use the Flirt Pole as a training tool, have your dog sit or lie down then slowly drag the lure across the ground, your dog must only chase when you give it the release cue. As your dog chases the lure around you a quick flick of the wrist will snatch the lure away to change direction. You must let your dog catch the lure now and again but it must be taught to release it immediately on cue then you can start again. It is important to keep the lure at ground level as you do not want to encourage your dog to jump and twist as they could hurt themselves.

## You Will Need :

A length of PVC tube A length of Paracord Scraps of Fleece or Sheepskin Electrical Tape (optional)


# Welcome to Our New Members 

Eva Andersson \& Harvey Leanne Bourke Jennie Bruce Michelle Brunton \& Banjo Jenny Woodward \& Brendan Burling \& Honey Anna Cabrera \& Nala<br>Emma Campbell \& Scout<br>Richard Casall \& Gator Douglas Chick \& Family \& Lady Debra Cleveland \& Nelly Christine Crisp \& Archie Mark Dowling \& Boris Kay Falck \& Maple Raelene Fleming \& Stella Michelle Gamble \& Missy Belinda Gaze \& Mickey Victoria Gore \& Bella \& Orla Linda Grant<br>Kate Hajdu \& Ben Martin \& Daisy Deanne \& Abbey Hardwick \& Cleo \& Tiger<br>Michael Haven \& Rosie<br>Scott \& Shirley Hunter \& Oreo<br>Kelly Khuu \& Diego IntrierI \& Cookie Renee Jernigna \& Claire Ohannessian \& Gus Kym Jolly \& Billie<br>Belinda Long \& Freddie Paul Marnoch \& Family \& Brett<br>Rodney Mitchell \& Millie Ulla Moell \& Wally Amy Newsome \& Banner Kim Pangallo \& Bella<br>Wallace Parry \& Milly Martin \& Banjo Joseph Prestinenzi \& Sequoia Claudine Stelzner \& Joanna Cowper \& Storm<br>Carole \& Stephen Stratigos \& Ruby<br>Gaby Suchard \& Tanzie<br>Maria Vargas \& Eddy Jakobsson James Vavouris<br>Sophia West \& Ripley<br>Eleanor Williams \& Stormy



## Promotions

Obedience

## Under 9 months to Class 1 <br> Belinda Long \& Freddie Melinda Taylor \& Doris <br> Over 9 months to Class 1 <br> Rennee Jernigan \& Gus Deb Cleaveland \& Nelly Howard Christensen Jo Dennington \& Snoop Michelle Brunton \& Banjo Jason \& Vadar <br> Sue Landless \& Gemma <br> Class 1 - Class 2 <br> Joseph Prestinenzi \& Sequoia <br> Gaby Suchard \& Tanzie <br> Maxine Schrader \& Ollie Anita Moss \& Gypsy Phil Keys \& Charlie Mattie Stayle \& Davie Steven East \& Tango Lesley Weir \& Marcie <br> Matt \& Susan Skully \& Indie

## Class 2 to Class 3

Alex Bell \& Boss
Jacqui Glendenning \& Harvey
Chris Keys \& Boris
Sophia San Juan \& Patrick Joelle Markiewitz \& Django Tricia Nicola \& Abbey Matthew Gass \& Olive



## Brags

## Agility

## Manly Trial

## Novice Snooker

Glenis Beaumont \& Dusty
Masters Snooker
Judy Bratter \& Quip ..... 1st
Masters JumpingPatricia Cooper \& Skye1st
Ashley Roach \& Jake ..... 3rd
Jo Comber \& Gus ..... 3rd
Nick Heygate \& Jimmy ..... 6th
Excellent Jumping
Deb Patenall \& Jet ..... 4th
Novice Jumping
Paul Jumikis \& Revan ..... 4th
Virginia Mumford \& Attila ..... 5th
RQH JumpingAshley Roach \& Jake6th
Open Agility
Patricia Cooper \& Skye ..... 3rd
Masters Agility
Catriona Duncan \& Puddles 3rd \& Agility Champion Title
Excellent AgilityWayne Bogart \& Layla3rd


## Castle Hill Trial

Masters Agility<br>Ashley Roach \& Jake 4th<br>Nick Heygate \& Jimmy 5th<br>RQH Agility<br>Ashley Roach \& Jake 4th<br>Nick Heygate \& Jimmy 8th

Novice Agility
Patricia Cooper \& Skye 1st
Jenny Meggitt \& Ash 3rd

Lyn Shaddock \& Bonne 3rd
Deb Patenall \& Jet 6th
Novice Gamblers
Patricia Cooper \& Skye 1st
Lyn Shaddock \& Bonne 3rd
Nick Heygate \& Oscar 17th


There are a lot more Qualies and Titles to brag about but if you don't let Dog Tracks know we can't brag about your successes.
email: dogtracks@northernbeachesdogtraining.com.au or write up in the brag book at the club.


