# Merry 

## Christmas



yen cous<br>

xenu
, ${ }^{3}$
,


2020

## Meet the Mad Flyers

The Manly and District (MAD) Flyers made their club debut at the Wollongong Woofers 5th Birthday Party comp on 7th November 2020. While some of us had raced before in Open Division this was the very first competition where we ran under our newly registered Club in Regular Division.


L-R Natalie and Hazel, Lisa and Dash, Siobhan and Peggy, Liz and Georgie, Rose and Tugga, Nika and Toby, Shannon and Harvey, Paul and Revan

This was a very exciting occasion for us! Aside from there not being many Flyball comps this year due to COVID 19, we had all been training hard at Deep Creek to get our dogs bullet proof for our first comp, Natalie and Lisa had worked incredibly hard to get our club shirts ready and our fearless leader Paul Jumikis had been working hard to train us and get it all to happen.
A few of us had left other Flyball clubs to join Manly which was a little sad as no one likes goodbyes. However, we have found the other Flyball clubs to be very supportive of the MAD FLYERS. A new club means the sport is growing and MAD FLYERS were made to feel very welcome.
Two dogs and their handlers made an incredible debut at Wollongong. Hazel and Harvey were just fantastic all day and their handlers Natalie and Shannon were so slick! They looked so professional, as if they had been doing it for years. Our height dog Dash was superb. For a little dog he has a very big heart. Georgie and Liz took on the challenge of starting and performed beautifully. Peggy had some training in the ring and was sensational. She just ignored the barking Revan, Dash and Tugga we had brought in to distract her. Toby came into the team when he was needed and was the legend that he always is and Tugga just loved being back in the ring.

Our debut dogs Harvey and Hazel did so well to earn their Flyball Dog titles and then Harvey decided to get his Flyball Dog Excellent title too. Harvey and Shannon are a very exciting team to watch and their efforts did not go unnoticed as Harvey was also the recipient of the award for Dog of the Division. Clever Georgie Girl got her Flyball Dog Excellent title too.


Our boxloader Nika and our ball shagger Siobhan worked tirelessly all day remaining cool and calm under pressure. While we lost our first race we didn't lose another all day. It was particularly sweet to win in the last race where everything seemed to go like clockwork. MAD DASH (our team name for the day) were announced Winners of Division 2 at the presentation. After a day like that even the long drive home from Wollongong wasn't too bad.

## Tugga



We did miss Molly and Buddy, Nicole and Stevie and Sarah and Daisy and they did wear their new Club shirts at their all-night agility trial. They will be there in 2021 as will our newest MAD FLYERS Karen and Tali and Carmen and Fraser and Blaze. Tali and Blaze are both doing so well already and really seem to enjoy their Flyball.


MAD FLYERS MISSING IN ACTION
Sarah and Daisy, Nicole and Stevie, Molly and Buddy (Spotted at an all-night agility trial)

Flyball is fast, fun and crazy but what I like most about it is that it's a team sport. Everyone works together to train the team - people and dogs. Racing is super fun all the time but when everything clicks it is a truly wonderful feeling. Are you and your dog READY ?

Rosemary King

Flyball - You'd be mad not to try it.
Photographs courtesy of Pinnacle Photography


# Christmas Day Let's Do Lunch 

## Roast Turkey Dinner

| 100 grms | $\times$ | Roast Turkey |
| ---: | :--- | :--- |
| 50 grms | $\times$ | Tinned Salmon |
| 300 grms | $\times$ | Sweet Potato (cooked) |
| 300 grms | $\times$ | Pumpkin (cooked) |
| 3 | $\times$ | Brussel Sprouts (cooked) |
| 5 Tbls | $\times$ | Chicken Stock |
| 1 Tbls | $\times$ | Cranberry Sauce |

Cut pumpkin and sweet potato into small cubes. Combine roast turkey and salmon with chicken stock then mix in sweet potato, pumpkin and brussel sprout leaves. Top with cranberry sauce.

## Cranberry \& Chicken



## Christmas Cookies

| $1 / 4$ Cup | x | Pureed Cranberries |
| :--- | :--- | :--- |
| $1 / 4$ Cup | $x$ | Unsweetened Applesauce |
| 1 | $x$ | Egg |
| 1 Tbsp | $\times$ | Chia Seeds (optional) |
| 1 Tsp | $\times$ | Beetroot Powder (optional) |
| 1 Tbsp | $\times$ | Turmeric Powder (optional) |
| $1 / 2$ Cup | $\times$ | Finely Chopped Dry Cooked Chicken |
| $11 / 4$ Cups | Brown Rice Flour |  |

Preheat your oven to $180^{\circ}$. Combine cranberry puree, applesauce, egg, chia seeds, beetroot powder, and turmeric powder in a mixing bowl then stir in chicken. Gradually add flour to form a nice firm workable dough, you may need to use less or more flour to adjust consistency. Rest dough (optional but recommended). Roll into small bite-sized balls, place on a prepared baking tray, and gently flatten with a fork. Bake at $180^{\circ}$ for approximately 10-15 minutes. The smaller the treat, the shorter the baking time.

## Ode to a Future Dog Obedience Trialler

You have read the official information about how to enter an Obedience Trial - you haven't? Then please read it now and then come back to read the REAL story.
So, you have at last got your dog to heel, do an "Automatic Sit", a "Down" and a respectable "Stand" and to come when called. He understands the meaning of "Stand Stay", "Sit - Stay", "Down - Stay" and can negotiate a " Figure of 8" without chewing the ankles of the 'post' or losing you midway.

People are saying "When are you going to trial?" Your immediate answer seems to be 'never' but, on reflection, he is a very talented dog and you have achieved miracles since the day you arrived at the Club on the end of a very fast moving lead, in front of loads of people all giving you looks of either understanding, sympathy, extreme mirth or of absolute horror that anyone could possibly have brought up such a bad mannered dog !!! So - maybe you could trial him, but you don't know the first thing about trialling - how do you go about even thinking about it? You've heard talk of CCD dogs, CD dogs, CDX dogs, UD dogs and even, heaven forbid, UDX dogs - whatever they are you'll try and comprehend:
$\begin{array}{ll}\text { CCD } & \text { Cantankerous Cranky Dog? } \\ \text { CD } & \text { Crazy Dog? } \\ \text { CDX } & \text { Crazy Dog X Rated? } \\ \text { UD } & \text { Under Dog? } \\ \text { UDX } & \text { Uncontrollable dog } X \text { rated? }\end{array}$
How should I know? What do I do to start?

## HELP IS AT HAND

In order to enter a trial you must firstly own a dog - pedigree or cross breed - triallers are not fussy and all are equal in the eyes of the gods of obedience.
Secondly you must be a member of Dogs NSW. Thirdly you must have the patience of a saint at times when the devil would do you justice and fourthly you must develop the ability to 'fail' a trial with grace, extreme grace when you bomb out (and note that I said YOU bomb out for the dog is NEVER wrong - whatever went wrong was your slack training!!!) - on a seemingly insignificant point of order like when your dog runs from the ring to greet a friend, when he refuses to come when called because today he just does not feel like coming because the sausages on the BBQ smells better than the Judge or YOU enter the ring still wearing your treat pouch!! On the plus side is the time, and it does happen, when you not only get a qualifying score but you win the ring.
So, be brave and put an entry in for a trial. But where and when? Once you join Dogs NSW you will receive monthly the Dogs NSW journal which list all the upcoming trials and shows across NSW. Look for an Obedience Trial on a date and location that suits, you don't want to be driving to Canberra on your first outing !! and put in an entry.

Each morning finds you at the local park, dog on lead, plant pot for start peg, two cones for 'Posts' and a furtive glance to make sure that no one is watching whilst you make a fool of yourself!! This is Trial Practice and it's serious stuff. (You cannot look a fool in a Trial Ring, competing against ALL those experienced people who will positively laugh their socks off at you as you walk down the ring with your dog bouncing around you!) WRONG - they are all just as nervous as you, or most of them are. There is always the odd one who has done it all before, knows what to do, having (let's be fair) spent many hours working with their dog, videoing them, analysing their mistakes, talking to them about it, attending lectures and seminars. They enter the ring with confidence, smile at the judge, says "Yes thank you" when asked if ready for the first exercise, steps off on the mandatory left foot when told "Normal pace forward" and later finds, dogless at the first " Sit", that the dog had already noticed a rather attractive Spoodle bitch in the next ring and made a beeline for her!! So fear not. You have just as much chance of qualifying and winning the ring as any one there.

## WHAT TO WEAR

The clothes you wear for dog training, preferable the light coloured ones so that your dog does not miss you in the grass, the mud or the background trees. Do not dress up (unless you are entering a breed show !!) or your dog will probably not even recognise you!! Wear shoes that will not slip off and be prepared to get wet. Your dog will not appreciate a raincoat flapping in his face and sunglasses are frowned upon. Take off you treat pouch and empty you pockets of all morsels of food, toys clickers, tugs or anything else deemed to be dog friendly. These are forbidden articles and will cause instant ejection from the ring.

## C.C.D. EXERCISES

Before each new exercise, when the judge asks if you are ready check that your dog is still by your side before you answer.

## HEEL ON LEAD

The lead must be loose and your dog close. Don't look down at your dog constantly, just walk confidently, praying hard. If you dog does not manage an automatic sit be silent and pray harder. The "stand" signal is difficult to achieve if a) your dog forges ahead of you. b) your arms are less than two metres long. Similarly it is difficult to "stand" a dog who decided twenty seconds ago to lie down and wait for your return. Your hand signal looks more like an attempt to dry your nail polish and the smug look on your dog's face is attractive only to the crowd. Dog/handler cooperation is really rather important!! When walking down the ring fix your eyes on a tree or fence post straight ahead of you, if you are one of those people who cannot walk a straight line you still stand a sporting chance of arriving back to the judge.

The "Figure of 8" tests your dog's ingenuity some play 'Peek a Boo" as you go around the post one way and your former 'best friend' goes around the other. Watch that your feet are facing around the post rather than straight ahead when given the "Halt" cue otherwise your dog may follow where he thinks your foot will go, you will turn and trip over him.

At the end of the first exercise avoid the inclination to jump for joy, be positive but not 'smart' as you head back to the start peg.

## STAND FOR EXAMINATION

The first exercise where you are not closely attached to your dog so it's a dodgy one. Your "Stay" cue should be firm and mean "You will stand quite still until I tell you otherwise - despite the fact that the Judge is about to maul you almost anywhere they wish wanting you to move at least one paw so they can take marks away from you".
It should not be an aggressive threat nor should it say to the dog "Stand still or I will withdraw your food for the next 24 hours and take away your toys" Similarly it will not work to ask you dog to stay in such a timid way that the Judge absolutely KNOWS that in training you always say "Stay, Stay Please Stay" Leave on your RIGHT foot or you will have completely blown it if the dog follows when you leave on your left. Be confident, glare at any paw that twitches and pray hard the Judge does not hit your dog's ticklish spot. Return to your dog as if he is a stranger.
Praise when exercise is finished but don't get excited or you risk your dog responding to your elation that your trial is going well.

## THE RECALL

Your dog is now alone, off lead and able to go wherever he wishes in the knowledge that there isn't a hope in hell of you doing anything about it, popular places to go are the BBQ, the gazebo or the Spoodle in the next ring.
This exercise shows which dogs love their owners, which are indifferent, which are super confident and which cannot manage for longer than 10 seconds without their best friend.
Leaving your dog at this distance is a real test.
Many will anticipate the recall or listen to the Judge instead of you then not understand your lack of enthusiasm when he arrives at your feet. The over enthusiastic or unconfident dog may come in so fast they nearly flatten the owner, spectators love that dog. Many triallers know the anguish of the situation when you call your dog and then stand helpless as he sits looking at you with an expression on his face which says "Who me?" Beware the dog who comes in beautifully sits at your feet then takes himself around into an unasked for finish.

If all is going well at this point you would be forgiven for showing extreme jubilation, don't, be calm and keep your dog calm you still have the Group Stays.

## STAYS

1 Minute Sit Stay
More prayers are said during this exercise than are said in St Peter's Square. Ensure that you dog is not sitting on a stick, a bee, an ant's nest or anything else that may make him itch. Your dog may stay motionless for the minute, he may scratch, bark, lie down, creep forward or leave the ring. Pray for the first one, keeping very still yourself, fixing your stare above his head rather than menacingly into his eyes and WAIT.
Put up with your itchy ear or running nose. One minute never passed so slowly. As you return ignore him, pretend that you have never set eyes on him before until you are told "Exercised Finished " Quietly praise.

2 Minute Down Stay
You are nearly there, congratulate yourself on your training 2 minute Sit Stays and 3 minute Down Stays. You have proofed your dog from getting up at the 2 minute mark.

Time is up, the Judge has ended the exercise, avoid the temptation to hug the Judge hug your dog instead, he's the one who has done all the work.
You have your first CCD pass. You are ecstatic, your nerves are shattered, you are physically and mentally worn out, you are starving and need to go to the loo.
Hang on to your dog until your lead is returned, put it on and leave the ring quickly, just in case your dog needs to go to the loo as well.

May you have many fun hours trialling, remember we are doing this as a sport and one meaning of sport is to have fun.

Judy Perrin

## Obedience Titles

## CCD Community Companion Dog

CD Companion Dog
CDX Companion Dog Excellent


## UD Utility Dog

## UDX Utility Dog Excellent



## Christmas Can be a Dangerous Time for Dogs Things to Remember to Keep Them Safe



Tinsel can be very dangerous as dogs can get tangled up and even strangled. If swallowed can cause major digestive issues.

Fairy lights can cause the same issues as tinsel and the glass bulbs can cut the mouth and stomach if swallowed.

Christmas tree ornaments, especially appealing to the ball mad dog can cut mouths and do damage if ingested.

Snow Globes can contain anti-freeze which can be lethal if swallowed.


Raisins and grapes which are found in abundance in Christmas fare, such as mince pies, are toxic to dogs.

Alcohol is extremely dangerous to dogs.


Chocolate, especially dark chocolate, can be toxic and can cause damage to the heart and nervous system.

Cooked bones, can splinter and cause severe internal damage.

Lollies often contains Xylitol, an artificial sweetener, which can lead to the over release of insulin, kidney failure, and worse.


Macadamia Nuts can damage to your dog's digestive, nervous, and muscle systems.

Onions and Chives' no matter what form they're in, are poisonous for dogs. They can cause anaemia and damage red blood cells.

Open Gates. In the excitement of friends and family arriving gates can easily be left open and visiting children can often be completely unaware of the dangers of letting a dog out.

Pointsettia Plants can irritate the mouth and stomach and cause vomiting.
Garbage bins especially if full of turkey bones and prawn heads can be particularly appealing to the determined dog.

## FRISBEE UPDATE

Wow. What a crazy year its been. UpDAC (Frisbee Nationals) was held in Canberra in March and then boom - lockdown began. After many long months of waiting we are finally able to attend competitions again and life is returning to a somewhat normal state.

In the midst of the lockdown, many of our frisbee attendees competed virtually in an online competition with the rest of the world and did rather well in both Round One and Round Two - now that lockdown is fairly well over for us we are very excited to announce that we are able to hold physical competitions in Sydney!!

It is being held as an evening trial so we aren't out in the heat of the day and on a Friday night so that weekends are still free for family time and relaxing by pool.

You don't need to have any experience to come along and help on the day if you are able to and check out what we get up to at competitions.

Also - anyone that wants to compete can become a member of UpDog and enter their team to compete. Unlike agility the same dog can run in the same class with multiple handlers - so there is no worries if there is only one dog and two or three handlers - each person and dog makes up a team. For example my dog Fly could be entered with myself as a team, and also with my daughter as a team, and with my husband as a team, in theory we could come 1st, 2nd and 3rd all with The same dog- because scoring is done on the team(dog and handler).

If you would like to know more - send a message to the Club Facebook page and we will happily assist

Our four accredited UpDog Judges have all completed the extra training modules online (thanks to Covid) and we are able to confirm that our inaugural Summer Series competition will be held at St Ives Showgrounds on the 8th of January 2021 and run for four consecutive weeks!!

Have a safe holiday period and we hope to see some new faces at frisbee for 2021

# MANLY SUMMER DISC SERIES 

## Summer Sun Disc Series



Hosted by Manly \& District Dog Training Club 4 Friday's... 8 games... Serious fun!

## 8th/15th/22nd/29th January 5-9pm

St Ives Showground


4 Way Play \& Frizgility
\$10 per game
*enter 1 or both
Entries close 3rd Jan
For more info:

## frisbee.entries@gmail.com

Scan or click here
to Enter


Antinol
DHARF.com

## Paws Up for Summer School

To help with your training over the summer break the Club will be running evening classes in January and December for

Puppies Under 9 Months Beginners Over 9 Months Class 1

Dates: Wednesday December 9th \& 16th Wednesday January 6th \& 20th
Time: 6:30-7:30pm

You will need to register on line each week


## Message from the President

The last months of training have maintained the extraordinary interest that members have demonstrated in our offered activities of obedience, agility, frisbee and fly-ball.
We are reinvigorating ourselves by examining our instructor training and educational activities in order to plan an even better than normal 2021 calendar year. Stay tuned for some announcements in 2021 that will advance the club membership skill base for learning, as well as enjoyable social activities.
Our instructors, and on the ground and behind the scenes management team, has put in a 101\% effort during the COVID 2020 period. It is now time to consolidate our efforts to safeguard the future of the club and its mission to provide for its members an engaging training atmosphere.
A safe and happy Christmas and new year period to all members and their families and we look forward to training with you from Feb 2021!

Peter Coulthart


With editorial help from his Irish Setter Hunter.

